

Caledonia Youth Football

Newsletter

2018

Message from the Board

Believe it or not, the start to the 2018 youth football season is only a few weeks away! We hope you are excited for another great season of Caledonia Youth Football!

Caledonia Youth Football Association (CYFA) rocket football teams will once again compete in the West Michigan Youth Football League (WMFL). This year, Greenville and Middleville have joined our league.

We look forward to seeing all of you on the football field very soon! **Go Scots!!**

If you have any questions or concerns, please contact us at calyouthfootball@yahoo.com

Grade Levels

Number of Teams

3rd & 4th Rocket

3

5th & 6th Rocket

5

7th Rocket

2

Rocket Required/Optional Equipment

CYFA provides a game jersey for each player. All other equipment must be obtained by the player/parents. Below is a list of required and optional equipment. Players must have a helmet, cleats, and mouth guard to participate in the first week of practice and all required equipment by the first day of contact practice in order to participate.

Required Equipment

- Helmet
- Mouth guard
- Shoulder pads
- Black pants with pads
- Cleats (no exposed metal allowed on cleats)

Optional Equipment

- Athletic Supporter & Cup (highly recommended)
- Rib pads
- Arm pads
- Football gloves

Important Dates

Rocket

Aug.13-17	First week of 7 th Grade practice. (Details TBD).
Aug.13-18	Coaches notify 3-6 th parents of team assignments & details
Aug. 20-24*	First Week of 3-6 th Grade practice (M,T,W,Th, non-contact, 6-8 pm)
Sept. 4 or 5	First 7 th Grade Games
Sept. 8	First 3-6 th Grade Games
Oct. 16 or 17	End of 7 th Grade Season
Oct. 20	End of 1-6 th Grade Season

*All players must complete four non-contact practices prior to participating in any contact drills.

Players will be assigned to teams in Mid-August. Head coaches will be provided player rosters immediately after that. The coaches will contact you with more information a few days prior to first practice.

“Meet the Scots”

Please join us on August 11 for the annual “Meet the Scots” event at Ralph E Myer Stadium at 9 am (registration starting at 7:50). The event will include a punt, pass, and kick competition for grades 1-8; raffles & prizes; and high school football scrimmages.

“Rugby-Style” Tackling

CYFA is a member organization of USA Football and all of our rocket coaches will be certified to coach tackle football through that organization. USA Football shifted from the “Head-Up Football” techniques, to teaching “Rugby-Style” tackling last year. Our coaches will be teaching “Rugby-Style” tackling again this year. If you are interested, there are many videos on youtube and on the USA Football website that demonstrate this technique. Should you have any questions before or during the football season, please feel free to contact us at calyouthfootball@yahoo.com.

West Michigan Youth Football League Update

The CFYA is very excited to be part of the West Michigan Youth Football League (WMYFL). In the 3-6th Grade divisions, teams will primarily play teams from one of the other member schools (East Grand Rapids, Kentwood, Lowell, Northview, Greenville, Middleville, & Rockford). Our 7th grade teams may additionally play teams from Forest Hills.

CYFA: www.calyouthfootball.com

E-mail: calyouthfootball@yahoo.com

WMYFL: <http://www.wmyfl.net/>